

## NEW PCI OFFERINGS:

**Free ESL Classes w/ Childcare** on Tuesdays & Thursdays, 9:00am-12:00pm, 4305 University Ave., San Diego 92105; Suite 315 (see attached flyer)

**Free Bilingual Breastfeeding Support Groups** on Fridays, 1:00pm- 2:30pm, 4305 University Ave., San Diego 92105; Suite 330 (see attached flyer)

## UPCOMING EVENTS

**April 4: PCI EQC Series hosts County of San Diego, Public Health Services,** for a session on lead poisoning prevention among pregnant women and children. 8:30-9:30am @ 4305 University Ave. Basement training room, SD 92105)

**April 22 and April 29: March for Babies! Event:** March of Dimes' big fundraising walk. For more information, check out: [www.marchforbabies.org](http://www.marchforbabies.org)

**April 23: PCI Walk for Water Event:** PCI's annual fundraising event to support PCI's water sanitation programs and efforts to end poverty worldwide. 9:00am @ Tecolote Shores at Mission Bay, San Diego (see [www.pciglobal.org](http://www.pciglobal.org))

**April 29: 3<sup>rd</sup> Annual Parenting Expo 2017:** Free event hosted by San Diego County ACES Connection. More info: <http://www.acesconnection.com/g/san-diego-county-aces-connection-group/event/parenting-expo-2017>

**May 2: PCN Quarterly Meeting- Exposure to Substances during pregnancy and postpartum:** 9:00-11:30am @ Coronado Room (Health Services Complex)

**May 3: #ZAPZIKA Live Twitter Chat:** March of Dimes and Mother to Baby hosting; community involvement is welcome! (Details forthcoming)

**SEND US YOUR EVENTS & UPDATES!**

*Healthy Start is a program funded by the Maternal and Child Health Bureau of U.S. DHHS/HRSA, which is implemented in San Diego by Project Concern International (PCI).*

## EQC SERIES: SAN DIEGO HOUSING COMMISSION



On March 28<sup>th</sup>, we hosted the a panel from San Diego Housing Commission (SDHC) to share information on affordable housing, Section 8 rental assistance, emergency housing and more. For more

information about the programs and services from the SDHC please check out their website at: [www://sdhc.org](http://www://sdhc.org).

## IMMIGRATION SEMINAR

On March 31, we hosted a seminar organized by the District Attorney's office and Talamantes Immigration Law Firm, including one on one legal consultations. They encourage anyone who is without legal



documentation to contact them for a free legal consultation and assessment. For more information: 619-606-3616 or check out their website: [www.lauraimmigration.com](http://www.lauraimmigration.com).

**OUR VISION** is to make San Diego a place where every baby has the best chance to a healthy start and every parent has the support they need to give their child that chance.

**HOW CAN YOU HELP? Join one of our Working Groups!**



**Early Prenatal Care Working Group:** Focusing on reducing unintended pregnancies and increasing access to preconception care.

**Next meeting** is at 2:00pm-4:00pm on Wednesday, April 12<sup>th</sup> at NHA Early Head Start (5660 Copley Dr. San Diego, CA 92111; Rear Conference Room).

**Contact:** [kseichau@pciglobal.org](mailto:kseichau@pciglobal.org)

**Interventions in Labor & Delivery Working Group:** Documenting and collecting disparity data on birth and labor interventions, and building quality feedback systems with providers and hospitals.

**Next meeting:** 9:00am-10:30am on Wed. May 3<sup>rd</sup> at PCI's Offices at City Heights Center (4305 University Ave. San Diego 92105; Suite 310).

**Contact:** [kseichau@pciglobal.org](mailto:kseichau@pciglobal.org)

**Parent-Child Attachment Working Group:** Focusing on maternal mental health (depression), including an assessment of related screening standards and services available for mothers in San Diego.

**Next meeting:** TBD **Contact:** [jherbst@aapca3.org](mailto:jherbst@aapca3.org)