

## NEW PCI OFFERINGS:

**Free ESL Classes w/ Childcare** on Tuesdays & Thursdays, 9:00am-12:00pm, 4305 University Ave., San Diego 92105; Suite 315 (see attached flyer)

**Free Bilingual Breastfeeding Support Groups** on Fridays, 1:00pm- 2:30pm, 4305 University Ave., San Diego 92105; Suite 330 (see attached flyer)

**PCI is Hiring!** Our San Diego office is hiring a Healthy Start Patient Navigator. Please learn more at <https://www.pciglobal.org/careers/>

## UPCOMING EVENTS

**March 1: UCSD Health Milk Drive:** Have extra milk? Help us address a statewide milk shortage and help NICU babies throughout California. 9:00am-2:00pm@ UCSD – see attached flyer

**March 16: Next Healthy Start CAN Meeting:** 10:00am to 12:00pm @ City Heights Center, 4305 University Ave., San Diego 92105; Suite 610  
\*Note Room Change\* RSVP with [ksselchau@pciglobal.org](mailto:ksselchau@pciglobal.org)

**March 24: FREE Diaper Distribution!** PCI is a national diaper bank location and will be distributing diapers to partnering agencies who serve low income families in San Diego County. Come to the CAN meeting on 3/16 to find out more and sign up to be on our partner list.

**March 28: \*\*Note DATE CHANGE\*\* PCI EQC Series hosts San Diego Housing Commission** for an informational session on their programs for families in need. 8:30-9:30am @ City Heights Center Basement training room (4305 University Ave., San Diego 92105)

## SEND US YOUR EVENTS & UPDATES!

*Healthy Start is a program funded by the Maternal and Child Health Bureau of U.S. DHHS/HRSA, which is implemented in San Diego by Project Concern International (PCI).*

## INTRODUCING PCI'S NEW CEO



We are thrilled to announce that Carrie Hesler-Radelet is our new President & CEO at PCI! Carrie comes to PCI from the Peace Corps where she served as the Director since 2013, leading America's iconic international volunteer service organization with programs in over 65 countries.

In announcing her selection, PCI's Board Chair Bob Sullivan said, "Carrie is a recognized leader with decades of experience in global humanitarian affairs, and we are thrilled to have her expertise as PCI seeks to impact the lives of 20 million people annually by 2020. Carrie knows first-hand the difference that can be made when we partner with people and communities on the ground to find solutions combating global poverty."

Carrie will start on April 3rd, and we look forward to introducing you to her more in the coming months.

**OUR VISION** is to make San Diego a place where every baby has the best chance to a healthy start and every parent has the support they need to give their child that chance.

## HOW CAN YOU HELP? Join one of our Working Groups!



**Early Prenatal Care Working Group:** Focusing on reducing unintended pregnancies and increasing access to preconception care.

**Next meeting** is at 2:00pm-4:00pm on Wednesday, April 12<sup>th</sup> at NHA Early Head Start (5660 Copley Dr. San Diego, CA 92111; Rear Conference Room). **Contact:** [ksselchau@pciglobal.org](mailto:ksselchau@pciglobal.org)

**Interventions in Labor & Delivery Working Group:** Documenting and collecting disparity data on birth and labor interventions, and building quality feedback systems with providers and hospitals.

**Next meeting:** 9:00am-10:30am on Wed. March 1<sup>st</sup> at PCI's Offices at City Heights Center (4305 University Ave. San Diego 92105; Suite 310).

**Contact:** [ksselchau@pciglobal.org](mailto:ksselchau@pciglobal.org)

**Parent-Child Attachment Working Group:** Focusing on maternal mental health (depression), including an assessment of related screening standards and services available for mothers in San Diego.

**Next meeting:** TBD **Contact:** [jherbst@aapca3.org](mailto:jherbst@aapca3.org)